

LIFE SKILLS 101

TAUGHT AS A REVELATION OF LIFE FROM:
KAHLIL GIBRAN'S "THE PROPHET"

INSTRUCTED BY SHEILA V.

THE PROPHET
KAHLIL GIBRAN



WEEKLY BEGINNING:

Friday, August 7, 2013, 7p – 8:30p

Repeated Following Saturday
3p – 4:30p

\$30 per class / \$135 per series

Suggested Reading: Kahlil Gibran's "The Prophet"



Sheila V. is a Native Cherokee Spiritual Life Coach who combines 14 yrs of experience as a Professional Intuitive Tarot Card Reader, having spanned the regions of countless lifetimes, dimensions and universes, 6 yrs of formal training in mental health and human behavior, and 47 yrs of experience in life *in the here and now*. More than qualified to be

your guide, her classes will change your perspective on life, forever!

Sheila V's Life Skills classes are presented with the intention of offering a dogma-free universal spiritualism as portrayed in Kahlil Gibran's "The Prophet". A poetic representation of the many aspects of life, each class is designed to teach each participant how to successfully maneuver through life and living to obtain ***A POSITIVE OUTCOME IN AS MANY SITUATIONS AS POSSIBLE***. Powerful or meek, wealthy or poor, full of life or barely living; we are innately social creatures who need to know ourselves before we can expect to be successful when relating to and communicating with those around us.

Series I: Classes I - 5

- Class 1: **Eating & Drinking** - Honoring & elevating your spirit & vibration.
 - Class 2: **Friendship** - Classifying associations & respecting boundaries.
 - Class 3: **Love** - Learn how-to allow love not fear to direct your course in life. How and when to say it and when love is not enough.
 - Class 4: **Pain** - Learn how-to heal and use pain to your advantage.
 - Class 5: **Pleasure** - A balance of desire, fulfillment and pain.
- Distinguishing what is good in pleasure from what is not good.

Series II: Classes 6 - 10

- Class 6: **Reason & Passion** - When either is too much or not enough.
- Class 7: **Work** - Fulfilling your purpose in life; a labor of love.
- Class 8: **Marriage** - You came into this life together. Seeing marriage from different perspectives; knowing when to save and/or leave it.
- Class 9: **Teaching** - Teaching is a necessary step to becoming the master of your own life. Only then you'll know what you don't know & find peace.
- Class 10: **Children** - Multidimensional, advanced thinkers. Not ADHD

Series III: Classes 11 - 15

- Class 11: **Laws** - How-to balance man's law w/karma, fate & faith.
- Class 12: **Talking** - Using ESP w/speech for effective communication.
- Class 13: **Self-Knowledge** - Learning the advantages to knowing yourself
- Class 14: **Joy & Sorrow** - The need for joy to overcome all sorrows.
- Class 15: **Crime & Punishment** - All evil needs to prevail is for good men to do nothing. Vigilance as a requirement for spiritual growth.

Series IV: Classes 16 - 20

- Class 16: **Buying & Selling** - Learning why you're your most sellable asset.
- Class 17: **Giving** - It is when you give of yourself that you truly give.
- Class 18: **Beauty** - As it is relative internally & externally to the Creator.
- Class 19: **Houses** - A necessary foundation for educational, professional and spiritual growth, possession of; should never prevent such growth.
- Class 20: **Clothes** - Clothes never conceal or promote the beauty or ugly inside you. **How God really feels about the way you dress.**

Series V: Classes 21 - 26

- Class 21: **Prayer** - The differences, reasons for and effective uses of prayer, affirmations, meditation, visualization, chanting and ohms.
- Class 22: **Religion** - The mission of religion is to prepare man for bravely facing the vicissitudes of life however, is often used as an escape from evolution by way of routine; doctrine and dogma. **Only the real religion of personal spiritual experience will prove helpful in the present crisis of civilization.**
- Class 23: **Freedom** - Learn how to increase your personal power while freeing yourself from social, economic, family and societal pressures.
- Class 24: **Time** - Embracing the reality that your life will never end, your beloveds & your knowledge eternal, **how better would you spend your time?**
- Class 25: **Death** - Immortal souls transition in & out of the world of time & space to exp. physical life for spiritual growth. **Learn how-to embrace the process.**
- Class 26: **Good & Evil** - Sin is potential in all realms where imperfect beings are endowed w/the ability to choose between good & evil. **Evaluating your choices.**

Location:

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PRIVATE CONSULTATIONS & PHONE READINGS AVAILABLE MON – FRI ☎ 10A–10P